

**August 13, 2023**

The Lord wants you to live in His liberty and freedom.

**Ps. 34:4-5** *I sought the LORD, and He answered me; He delivered me from all my fears. Those who look to Him are radiant; their faces are never covered with shame.* (NIV)

As a parent, it is usually easy to tell when your child is being truthful. You can see it on their face. Their expressions or their countenance will show what's on the inside. And it usually in their eyes, which by the way are the windows to the soul. I remember clearly when my grandma asked me if I had gotten into the OREO cookies. Of course, I said emphatically that I had not. She then asked me to open my mouth, where she saw black pieces of cookies between every tooth. Busted!

Today's passage reminds us that we are to look to the LORD for all of our needs. He delights in His children coming to Him and asking Him to provide. David also mentions this in **Ps. 42:11** *Why are you in despair, O my soul? And why have you become disturbed within me? Hope in God, for I shall yet praise Him, the help of my 'countenance,' and my God.* (NASB) When we walk in the LORD, He causes our faces to shine with His truth. He gives us the confidence to stand boldly upon His Word. We see this in those who are fully trusting upon the LORD. **Isa. 40:31** *But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.* (NIV)

Are you looking to the Father? Are you walking in His provisions? Do you realize more and more, as Paul stated in **Phil. 4:19** *And my God will meet all your needs according to the riches of His glory in Christ Jesus.* (NIV) He delights in providing for His children. He will continue to do so because it is Who He is! Let's make sure that when He looks at us, He sees faces that are not covered in shame, but instead glowing with the light of the LORD.

**Dear LORD, please help us to walk in Your truth. You are our helper and our defender. You will always provide and protect us from the enemy and from ourselves. Help us to seek You in all of our ways today. In Jesus Name, Amen**